A NURSE suffered severe burns after toxic sap from a garden plant got on her arms and legs.

Jan Scott was splashed as she and husband Carl cut down 13ft tall Giant Hogweed at their home.

She washed off the liquid, but pus-filled blisters erupted on her arms and legs - leaving vivid purple scars.

Jan yesterday issued a warning about the plant, which has burned others and can cause blindness.

The 62-year-old, of Pennington in the New Forest, Hants, said: "They look huge but otherwise quite innocent.

"I hadn't realised they were dangerous. I was in real pain."

The rapidly-spreading non-native plant, which reaches 23ft, was brought to Britain in the 1900s.

Jan is backing a campaign by the New Forest National Park Authority to get rid of it.